

A Journey into Hinduism with Ellie the Elephant

Step into the light of discovery and explore the vibrant traditions of Hinduism!

- Hindus believe in Dharma, which is the moral order of the universe. It encourages people to live with duty, good conduct, and righteousness to keep the world in balance.
- The concept of Karma suggests that every action has a consequence. Positive actions lead to positive outcomes, teaching followers the importance of being kind and helpful to others.
- A Mandir is a sacred space for worship. Inside, you will often find beautiful shrines dedicated to various deities, where people go to pray, meditate, and offer flowers or fruit.
- Ahimsa is the principle of non-violence. It teaches respect for all life, including animals and nature, encouraging a peaceful approach to every situation.
- Diwali, the Festival of Lights, is a joyous celebration that symbolises the victory of light over darkness and knowledge over ignorance, marked by the lighting of many small clay lamps called diyas.

Did you know? Did you know that Hinduism is often considered one of the oldest religions in the world? Because it has no single founder, it is described as a 'way of life' that encourages followers to seek truth, practise kindness, and understand the connection between all living things.

Key vocabulary: Dharma · Karma · Mandir · Ahimsa · Moksha · Diwali · Shruti