

Journeys of the Soul: Exploring Beliefs About Life After Death

Exploring the Mysteries of Life and Beyond with Leo the Lion!

- Christians often believe in an afterlife where the soul finds eternal peace in Heaven, reflecting a belief in God's love beyond our physical world.
- Many Hindus and Buddhists believe in reincarnation, which is the idea that the soul is born again into a new physical body after death, based on the actions taken in a previous life.
- Some people hold a humanist worldview, focusing on the legacy we leave behind through our kindness, our work, and the memories we create with the people who love us.
- In Islam, it is believed that this life is a preparation for the afterlife, where people are held accountable for their choices and may be granted entry to Paradise.
- Sikhism teaches that the soul undergoes a cycle of births and deaths, but through devotion and service, one can eventually unite with the Divine.
- Regardless of specific religious beliefs, almost all traditions share the common human need to offer comfort, show respect, and remember those who have died.

Did you know? Did you know? Many cultures across history have created beautiful traditions to remember those who have passed away. For example, in Mexico, the 'Día de los Muertos' (Day of the Dead) is a vibrant celebration where families build altars to honour their ancestors with marigolds, photographs, and their favourite foods, believing that the spirits of loved ones return to visit for a short time.

Key vocabulary: Afterlife · Reincarnation · Soul · Heaven · Karma · Ancestors