

Nova's Life Cycle and Growth Flashcards

Learning objective: To describe the changes as humans develop to old age, including the stages of the human life cycle.

Use these flashcards to test your knowledge of the human life cycle. Read the question on the front, think of the answer, then check the back to see if you are correct!

What is the first stage of the human life cycle after birth?	What term describes the period of physical and emotional changes that happen during adolescence?
Infancy, where a baby relies on adults for care and begins to develop basic skills.	Puberty, when the body prepares for adulthood.
True or False: Human development stops once a person reaches adulthood.	Which stage of the life cycle usually follows childhood and comes before adulthood?
False. Humans continue to develop emotionally and intellectually throughout their lives.	Adolescence.
What are the five main stages of the human life cycle?	During which stage do humans typically start school and learn to socialise independently?
Infancy, childhood, adolescence, adulthood, and old age.	Childhood.
What is the final stage of the human life cycle, often characterised by gaining wisdom and life experience?	What do we call the period of time before birth when a human grows inside the mother's womb?
Old age.	Gestation (or the prenatal stage).
Why is adolescence considered a time of significant change?	How does an adult compare to a child in terms of independence?
Because of the physical, hormonal, and emotional changes that occur as the body matures.	Adults are generally fully grown and have the responsibility of caring for themselves and others.
Does every human grow at exactly the same speed during childhood?	What is the primary role of an adult in the human life cycle?
No, every individual grows and develops at their own unique pace.	To be independent, support themselves, and often to care for the next generation.