

Nova's Autumn Discovery Journal

Learning objective: To observe and describe the seasonal changes in the natural world during autumn, identifying signs of the changing environment.

Go on a nature walk with Nova the owl. Look for signs that the seasons are changing from summer to autumn. Use this journal to record what you find. You can draw your observations and write a few words to describe them.

Word bank: crunchy · orange · brown · falling · conker · leaf · cold · windy

1. The Colour Hunt: What colours can you see on the leaves today? Describe them.

2. Texture Spotting: Find a leaf on the ground. Does it feel smooth, crunchy, or soft? Tell us about it.

3. Weather Watch: How does the air feel on your face today? Is it warm or chilly?

4. Nature Treasure: Did you find a conker, an acorn, or a seed pod? Draw it and name it here.

5. Autumn Change: Why do you think the leaves are falling from the trees? Ask Nova a question about the season.

Extension challenge: Create a 'leaf rubbing' by placing a fallen leaf under a piece of paper and gently rubbing over the top with a wax crayon. Compare the patterns on two different types of leaves.