

Bea's Digestion Discovery Journal

Learning objective: To identify the parts of the human digestive system and describe their simple functions.

Hello! I am Bea the bee. Today, we are learning how our bodies turn food into energy. Use the word bank below to help you fill in the boxes about how digestion works. Use short sentences to describe what happens in each part of the body.

Word bank: mouth · stomach · intestines · teeth · chew · energy · nutrients

1. The Mouth: What is the first thing that happens when you eat food? Use the words 'teeth' and 'chew' in your answer. (2 marks)

2. The Stomach: What does the stomach do to the food once it arrives? Think about how it breaks things down. (2 marks)

3. The Intestines: Why are the intestines important for our bodies? Mention how we get 'nutrients' or 'energy'. (2 marks)

4. The Journey: If you could follow a piece of apple, what order does it go through the body? (Mouth -> Stomach -> Intestines) (2 marks)

Extension challenge: Can you draw a simple arrow diagram showing the path food takes through the human body?