

Bea's Nutrition Word Mat

Learning objective: To understand the key vocabulary related to nutrition and a healthy diet for humans.

Key Vocabulary

Hello! I am Bea the honeybee. Use this word mat to help you learn about what we eat. The words are sorted into groups to help you remember them. Read each term and its meaning carefully.

What do we call t...	Which food group...	Why is it importa...
What part of the ...		