

Nova's Skeleton and Muscles Flashcards

Learning objective: To identify and describe the functions of the human skeleton and muscles.

Read the front of the card. Try to guess the answer. Then, look at the back to check your learning. Use the word bank to help you.

What do we call the hard frame of bones inside our bodies?	Which bone protects our brain?
Skeleton	Skull
Which bones protect our heart and lungs?	What do we call the places where two bones meet?
Ribcage	Joints
What do we use to help us move our bodies?	What is the main job of the skeleton?
Muscles	Support
What is the job of the ribcage and skull?	What is the name of the longest bone in the leg?
Protection	Femur
Muscles work in _____ to help us move.	What allows our skeleton to bend and flex?
Pairs	Joints
What do muscles do to move a bone?	Do humans have an internal or external skeleton?
Contract	Internal