

Bea's Brilliant Guide to Teeth

Learning objective: To identify and describe the functions of different types of human teeth in preparation for digestion.

Read the text carefully. Use the word bank to help you understand the words. Answer the questions in the spaces provided.

Bea the honeybee is very busy learning about how our bodies work. Today, she is looking at teeth. Humans have different teeth to help them eat. At the front of your mouth, you have sharp teeth called incisors. These are perfect for biting into a crunchy apple. Next to these are the canines. These teeth are pointy. They help us to tear food. At the back of your mouth, you have large, flat teeth called molars. These are very strong. They act like little grinders to crush your food into small pieces. When your food is crushed, it is much easier for your body to start the process of digestion. It is very important to look after your teeth by brushing them twice a day. If you do not brush, sugar can cause holes called cavities. Bea says that healthy teeth mean a happy tummy! Always remember to visit the dentist to keep your smile bright and strong. Taking care of your teeth is a great way to stay healthy and fit for all your daily adventures.

Word bank: Incisor: a sharp tooth for biting · Canine: a pointed tooth for tearing · Molar: a flat tooth for grinding · Digestion: how the body breaks down food

1. 1. What is the name of the sharp teeth at the front of your mouth? (Literal) (1 mark)

2. 2. According to the text, what should you do twice a day to keep your teeth healthy? (Literal) (1 mark)

3. 3. Why do we need flat molars at the back of our mouths? (Inferential) (2 marks)

4. 4. What might happen to your teeth if you eat too much sugar and do not brush them? (Inferential) (2 marks)

5. 5. Why is it important to visit the dentist? Give one reason. (Evaluative) (2 marks)

Draw: Draw a picture of a human mouth. Label the sharp incisors at the front and the flat molars at the back.



Extension challenge: Write a list of three foods that are healthy for your teeth and one food that you should only eat sometimes.