

Kit's Guide to Staying Safe Online

Think before you click, be smart, and stay safe in the digital world!

- **Keep your personal information private, such as your full name, home address, school name, and telephone number.**
- **Always use strong passwords that include a mix of letters, numbers, and symbols, and never share them with anyone except your parents or carers.**
- **If you see something online that makes you feel worried, sad, or uncomfortable, tell a trusted adult immediately.**
- **Be kind to others online; if you would not say it to someone's face, do not type it in a message or a comment.**
- **Not everything you read on the internet is true; always check if the information comes from a reliable source.**
- **Use privacy settings on apps and games to control who can see your profile and who is allowed to contact you.**

Did you know? Did you know? Every time you mail a photo, leave a comment, or play a game online, you leave a 'digital footprint'. This is like a trail of breadcrumbs that shows where you have been and what you have done online. It is important to make sure your digital trail is kind and positive!

Key vocabulary: Cyberbullying · Digital footprint · Personal information · Password · Privacy settings · Source