

Grade 3 Physical Education: Net and Wall Games Assessment

Learning objective: To demonstrate tactical understanding, spatial awareness, and knowledge of rules in net and wall games.

Read each question carefully. Use your knowledge of net and wall games to provide detailed, accurate answers. Ensure your writing is clear.

Max the monkey is organising a game of mini-tennis for his friends. The goal is to hit the ball over the net so that it lands within the court boundaries. Nova the owl is observing the game, noting that the players must constantly adjust their positioning based on the speed and height of the incoming ball. To be successful, players must think about where to place the ball to make it difficult for their opponent to return it.

Word bank: trajectory · rally · anticipation · spatial awareness · tactics · accuracy · coordination · defensive · offensive

1. Define what a 'rally' is in the context of a net and wall game. (1 mark)

2. Why is 'spatial awareness' crucial when playing a game involving a net or a wall? Give one specific example of how you use it. (2 marks)

3. Max decides to aim his shot deep towards the back of the opponent's court. Explain why this is an effective offensive tactic. (3 marks)

4. Compare and contrast a defensive shot with an offensive shot. When would you choose to use each? (4 marks)

5. Justify why it is important to return to the 'ready position' (the center of your area) after every shot you play. (3 marks)

6. What might happen to your success rate if you do not watch the ball's trajectory closely? Explain your reasoning. (2 marks)

7. Imagine you are coaching a beginner. Write a short guide (5 marks) explaining the three most important rules or skills they must master to win a point. Include advice on body position, focus, and ball placement. (5 marks)

8. If a piece of equipment costs £4.50 and you have £10.00, how much change would you receive? Why is it important to have properly maintained equipment for a fair game? (5 marks)

Draw: Draw a bird's-eye view diagram of a tennis court. Label the 'net', the 'service boxes', and draw an 'X' where you think the best position is for a player to stand to defend the whole court.



Extension challenge: Reflect on a recent game you played. Describe one moment where you had to change your plan because your opponent moved to an unexpected space. How did you react? Total: /25