

Striking and Fielding Skills with Leo the Lion

Learning objective: To develop and apply striking and fielding skills, including accurate throwing, catching, and hitting a ball with control.

Read each question carefully and use your knowledge of team games to answer. Think about how Leo the Lion would lead his team to success by using good technique and communication.

Leo the Lion is organising a practice session for his friends. To play a great game of striking and fielding, players need to be ready to react quickly. When batting, keep your eye on the ball. When fielding, move your feet to get behind the ball and use two hands to catch. Clear instructions help the whole team work together.

Word bank: fielding · striking · backstop · accuracy · communication · trajectory · ready position

1. Why is it important to adopt a 'ready position' when you are fielding? Explain how this helps you react to a ball hit by the striker. (2 marks)

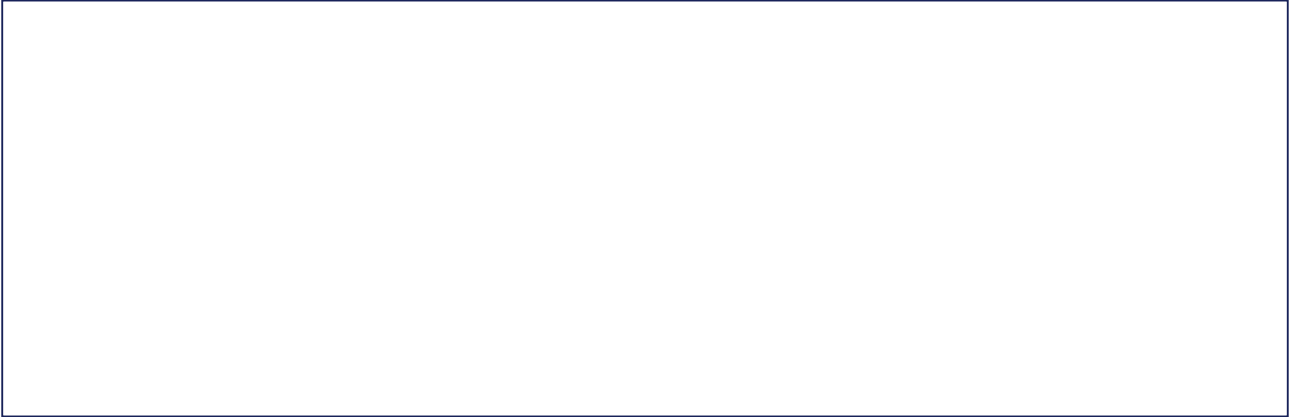
2. If you are the fielder catching a ball hit high into the air, describe where your hands should be and why you should use both of them. (2 marks)

3. Max the Monkey is the batter. He wants to hit the ball into a space away from the fielders. What advice would you give him about where to look and how to swing his bat? (2 marks)

4. Communication is key in a team. Give two examples of what you could shout to your teammates to help them during a game. (2 marks)

5. If a ball is rolling along the ground towards you, why is it safer to move your feet to get behind the ball rather than just reaching out with one hand? (2 marks)

Draw: Draw a diagram of a fielding formation. Show Leo the Lion in the center and label where four of his friends are standing to cover the field effectively.



Extension challenge: Imagine you are the team captain. Write three rules for your team that ensure everyone stays safe and has fun while practising their striking and fielding skills.