

PSHE: Celebrating Diversity and Inclusion

Learning objective: To understand the meaning of diversity and inclusion and reflect on how we can create a welcoming environment for everyone.

Use these flashcards to test your knowledge about what makes our communities special. You can use them to quiz a partner or test your own understanding.

What does the term 'Diversity' mean?

Diversity means the range of different characteristics that make individuals unique, such as their background, culture, abilities, and personality.

Define 'Inclusion' in your own words.

Inclusion is the practice of making sure that everyone feels welcome, valued, and able to participate fully, regardless of their differences.

What is a 'Stereotype'?

A stereotype is a fixed, oversimplified idea or belief about a particular group of people that is often unfair and untrue.

Why is 'Empathy' important for inclusion?

Empathy is the ability to understand and share the feelings of another person. It helps us see things from someone else's perspective, which builds kindness.

How can Max the Monkey show respect to someone with a different opinion?

By listening carefully, not interrupting, and acknowledging that their perspective is valid, even if it is different from his own.

True or False: Celebrating diversity means we all have to act the same way.

False. Celebrating diversity means recognising and appreciating the different ways people live and think.

What is an example of an inclusive action in the classroom?

Inviting someone who is sitting alone to join a game or group activity.

Why is it important to challenge stereotypes?

Because stereotypes can prevent us from getting to know someone as an individual and can lead to unfair treatment.

How does Nova the Owl demonstrate inclusion when stargazing?

By explaining the science in a way that everyone can understand and inviting others to share what they see through the telescope.

What does it mean to be an 'upstander'?

An upstander is someone who sees unfair behavior or exclusion and chooses to speak up or act to support the person being treated unfairly.

If a friend is being excluded, what is one simple thing you could do to be inclusive?

You could kindly ask them to join your conversation or activity.

Why does a diverse community often have the best ideas?

Because people with different experiences and backgrounds bring different perspectives, which helps to solve problems in more creative ways.