

Being a First Aid Hero with Kit the Fox

Learning objective: To understand how to recognize an emergency and identify the basic steps of providing simple first aid.

Use this writing frame to explain what you would do in an emergency situation. Read Kit the Fox's opening sentence, then use the prompts below to structure your report. Remember to use your best handwriting and check your spelling.

If I saw someone who was hurt, the first thing I would do is check that it is safe for me to approach them.

Word bank: firstly · immediately · carefully · emergency services · call for help · stay calm · pressure · safety · as a result · furthermore

1. The Safety Check: How can you make sure the area is safe for both you and the person who is hurt? Start your paragraph with: 'Before I help, I must look around to see if...' (2 marks)

2. Calling for Help: When should you call 999 and what information do the emergency services need? Start your paragraph with: 'If the situation is serious, I will call 999 and explain...' (2 marks)

3. Helping with a Minor Injury: If someone has a small cut or graze, how can you help them? Start your paragraph with: 'For a small cut, I would gently clean the area and...' (2 marks)

4. Staying Calm: Why is it important to stay calm and reassure the person? Start your paragraph with: 'It is important to stay calm because...' (2 marks)

5. The First Aider's Role: What is the most important rule about being a first aider? Start your paragraph with: 'The most important thing I have learned is that I should never...' (2 marks)

Extension challenge: Imagine Kit the Fox is teaching a class of younger animals about first aid. Write a short, encouraging speech that Kit could give to help them feel brave and prepared.