

Kindness in Our Community

Learning objective: To identify and illustrate acts of kindness and understand how they impact our well-being and the community.

Use this sheet to plan and create a 'Kindness Map'. Think about how even small actions can make someone feel valued and supported. Use the word bank to label your drawing.

Draw: Draw a scene featuring our friend Leo the lion in a park setting. Show Leo performing an act of kindness for another character, such as sharing a book, helping someone carry something, or simply sitting and listening to a friend. Use a warm color palette (golds, oranges, and greens) to show a positive, welcoming environment. Ensure the characters have friendly expressions.



Label words: Support · Empathy · Inclusion · Respect · Gratitude · Generosity · Friendship

Steps:

1. Identify one act of kindness you could show to a new student in your class.
2. Why is it important to show empathy when a friend is feeling upset?
3. Label your drawing with two words from the word bank that describe the atmosphere of your scene.
4. If you saw someone sitting alone at lunch, what is one kind thing you could say to them?
5. How does receiving a kind act change how you feel about yourself?