

The Power of Kindness: A Reflective Writing Frame

Learning objective: To articulate the importance of kindness in our community and reflect on how small actions can create a positive impact on others.

Use the prompts below to build your piece of writing. Think about how Pip the bookworm and Leo the lion would describe being kind to their friends. Use your word bank to add detail to your sentences.

Kindness is a quiet superpower that can change someone's entire day for the better.

Word bank: furthermore · consequently · in addition · unexpectedly · compassion · empathy · thoughtful · significant · positive impact · on the other hand

1. What does kindness mean to you? Start by explaining: Kindness is defined as... (2 marks)

2. Describe a time you saw someone being kind. Start by writing: I remember a time when... (2 marks)

3. How does showing kindness affect the person receiving it? Explain: When someone receives an act of kindness, they often feel... (2 marks)

4. Why is it important to show kindness even when no one is watching? Start with: It is vital to be kind because... (2 marks)

5. What is one way you can show kindness in school this week? Start with: Next week, I plan to... (2 marks)

Extension challenge: Write a short 'Kindness Pledge' at the bottom of your page, listing three specific actions you will take to make your classroom a more welcoming place.