

Staying Safe with Kit and Leo

Learning objective: To identify potential risks, recognize personal boundaries, and understand how to seek help in various situations.

Kit the fox and Leo the lion are exploring different places. Look at the scenarios in the 'questions' section. For each one, decide if the situation is 'Safe', 'Unsafe', or 'Needs Caution'. Then, write down one action you would take to stay safe or get help.

Word bank: Trusted adult · Emergency services · Personal space · Boundaries · Helpful · Digital footprint · Communication

1. Scenario 1: You are at the park and a stranger asks you to help them look for a lost puppy in a secluded area away from your parents. What do you do? (2 marks)

2. Scenario 2: You are using an online game and someone you do not know asks for your home address or school name. What do you do? (2 marks)

3. Scenario 3: A friend is pressuring you to do something that makes you feel uncomfortable or worried. What is your first step? (2 marks)

4. Scenario 4: You are walking home from school and realize someone is following you. Which three people could you go to for help? (2 marks)

5. Scenario 5: Why is it important to tell a trusted adult if you see something online that makes you feel upset or confused? (2 marks)

Draw: Draw a 'Safety Map' of your local area or school. Label three places where you know you can find a trusted adult if you ever feel unsafe.



Extension challenge: Write a short poem in the style of Leo the lion about the importance of saying 'no' when a boundary is crossed and how it helps keep you safe.