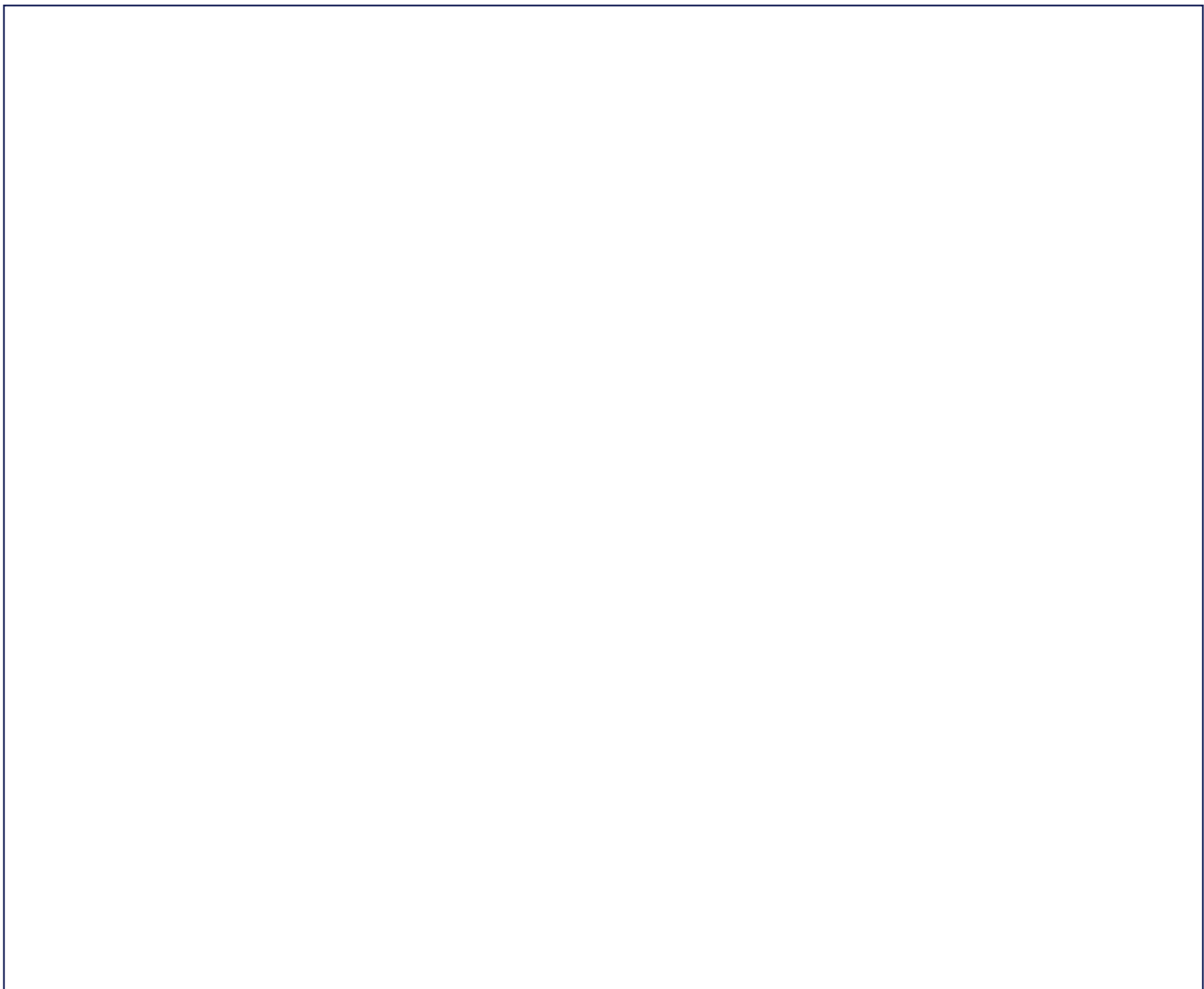


A Moment of Peace with Pip the Bookworm

Learning objective: To learn about the Buddhist concept of peace, quiet reflection, and kindness towards all living things.

Today, we are learning about Buddhism. Buddhists like to find moments of peace and quiet to think kind thoughts. Look at the picture of Pip the caterpillar resting in the garden. Use your pencils to add things that make you feel calm and happy.

Draw: Draw a large, friendly caterpillar named Pip sitting on a soft green leaf in a garden. The style should be simple, colorful, and gentle. Leave plenty of white space around Pip for the children to add their own drawings of flowers, the sun, and other garden creatures to create a scene of peace and nature.



Label words: peace · kindness · lotus flower · quiet · nature

Steps:

1. Pip is sitting in a peaceful garden. Draw a flower next to Pip. What is the name of the flower often seen in Buddhist art?
2. Buddhists try to be kind to all living things. Draw a small insect or a butterfly near Pip.
3. When we want to be quiet and think, we sit very still. Can you draw a sun in the sky above Pip to show a bright, happy day?

4. If you could give Pip a gift to make him smile, what would it be? Draw it in the empty space.
5. Which word from the word bank means being very still and calm?