

Exploring Hinduism with Ellie the Elephant

Learning objective: To recall and understand key concepts, deities, and practices within the Hindu faith.

Use these flashcards to test your knowledge of Hinduism. Read the term or question on the front, try to remember the definition, and then check your answer on the back.

Brahman

The ultimate reality or the supreme spirit that is present in everything in the universe.

Atman

The individual soul or true self of a living being in Hindu belief.

Dharma

The concept of duty, righteousness, and the moral order that holds the universe together.

Karma

The law of cause and effect; the belief that every action has a consequence which affects one's future.

Reincarnation

The belief that the soul is born again into a new body after death, continuing a cycle.

Moksha

The release or liberation from the cycle of birth and death, becoming one with Brahman.

Puja

A daily act of worship or prayer, often performed at a home shrine or in a temple.

Diwali

The Festival of Lights, celebrating the victory of light over darkness and good over evil.

Aum (or Om)

A sacred sound and a spiritual symbol that represents the essence of the universe.

Mandir

A Hindu temple, which is considered a house of god and a place for worship and reflection.

What is the name of the elephant-headed deity who is known as the remover of obstacles?

Ganesha.

Why is the River Ganges significant in Hinduism?

It is considered a sacred river that helps to purify the soul and wash away sins.