

Reflecting on Prayer: A Personal Writing Frame

Learning objective: To understand the significance of prayer in the lives of believers and express personal reflections on the concept of quiet reflection.

Use the prompts below to structure your writing about the purpose and meaning of prayer. Think about why people pray, how they do it, and what it means to them. Use the word bank to help connect your ideas.

Prayer is a practice found in many religions, acting as a bridge between a person's inner thoughts and their faith.

Word bank: furthermore · in addition · on the other hand · significantly · a sense of peace · gratitude · meditation · spiritual connection · guidance · devotion

1. What is the purpose of prayer? Start by explaining: 'Many believers use prayer as a way to...' (2 marks)

2. How might the setting of a prayer affect the experience? Consider: 'The environment, whether in a place of worship or at home, helps the person to...' (2 marks)

3. Why do some people pray in times of joy, while others pray in times of struggle? Explain: 'Prayer can be a tool for...' (3 marks)

4. Compare prayer to a form of quiet reflection. Write: 'Even for those who do not follow a religion, the act of sitting quietly to think can be similar to prayer because...' (3 marks)

5. Conclusion: Summarise your thoughts by writing: 'Ultimately, prayer remains a deeply personal experience which serves to...' (2 marks)

Extension challenge: Research a specific form of prayer from a religion of your choice (e.g., Salah in Islam, the Lord's Prayer in Christianity, or the Shema in Judaism) and write a short paragraph explaining the traditions associated with it.