

Exploring the Sikh Faith with Ellie

Step into the light of learning: Discover the wisdom of the Sikh faith!

- Sikhism originated in the Punjab region of India and is based on the teachings of ten human Gurus, beginning with Guru Nanak Dev Ji.
- The holy scripture, the Guru Granth Sahib, is treated with the highest respect and is considered the eternal living Guru of the faith.
- The Gurdwara is the place of worship for Sikhs; inside, you will always find the Guru Granth Sahib placed on a raised platform under a canopy.
- Seva, or selfless service, is a fundamental pillar of Sikhism, encouraging followers to help others without expecting anything in return.
- Many Sikhs wear the 'Five Ks'—Kesh (uncut hair), Kara (steel bracelet), Kanga (wooden comb), Kachera (cotton undergarments), and Kirpan (a small sword)—as symbols of their commitment to their faith.

Did you know? Did you know? The concept of Langar is a beautiful tradition where everyone—no matter their background, wealth, or status—sits on the floor together to eat a free vegetarian meal. This symbolises that all people are equal in the eyes of the Divine.

Key vocabulary: Guru · Gurmukhi · Gurdwara · Langar · Seva · Khalsa · Khanda