

Sikhism: A Journey of Faith and Service

Join Ellie the Elephant on a discovery of kindness, equality, and devotion!

- Sikhism was founded in the Punjab region of India over 500 years ago by Guru Nanak Dev Ji, who taught that there is only one God.
- The Guru Granth Sahib is the central religious scripture of Sikhism; it is treated with the highest respect as the living Guru.
- A Gurdwara is the place of worship for Sikhs, where the community gathers to pray, sing hymns, and listen to teachings.
- Langar is the community kitchen found in every Gurdwara, providing a free vegetarian meal to anyone who visits, regardless of their faith.
- Seva means 'selfless service.' Sikhs believe that helping others without expecting a reward is a vital part of living a good life.

Did you know? Did you know that in a Gurdwara, everyone sits on the floor together? This is to show that in the eyes of the Divine, every person is equal, regardless of their background or status!

Key vocabulary: Guru · Guru Granth Sahib · Gurdwara · Langar · Seva · Khanda · Vaisakhi