

Nova's Life Cycle Research Journal

Learning objective: To describe the changes as humans develop to old age, and to identify the stages of the human life cycle.

Nova the owl wants to learn about how humans grow and change. Use this template to document the different stages of the human life cycle. Think carefully about the physical and independence changes that occur at each stage.

Word bank: infancy · childhood · adolescence · adulthood · old age · development · independence · puberty · growth

1. Infancy and Early Childhood: Describe the needs of a human baby and how they begin to develop skills like walking or talking. (2 marks)

2. Childhood: Explain how a child's body changes during these years and what new responsibilities they might take on. (2 marks)

3. Adolescence: What is 'puberty' and what are some of the key physical changes that happen during this stage of life? (3 marks)

4. Adulthood: Identify the main characteristics of adulthood, focusing on independence and physical maturity. (2 marks)

5. Old Age: Describe how the human body may change in later life and why this stage is often a time for sharing wisdom. (2 marks)

Extension challenge: Choose one stage of the human life cycle and create a timeline showing three major milestones that happen during that period.