Zara’s Abstract Art Adventure

Learning objective: To explore abstract art by identifying and creating patterns, shapes, and colours that express feelings rather than realistic objects.

Zara the Zebra sees the world in amazing patterns! Abstract art is when we paint how we feel or what we imagine, instead of drawing things exactly as they look. Look at the shapes below and decide if they feel 'Happy', 'Calm', or 'Exciting'. Draw a line to match the shape to the feeling it gives you, then use your crayons to colour them in.

Word bank: Zig-zag · Swirl · Dot · Square · Happy · Calm · Exciting

1. Draw a line to match the 'Zig-zag' shape to the word 'Exciting'. (2 marks)

2. Draw a line to match the 'Soft Swirl' shape to the word 'Calm'. (2 marks)

3. If you wanted to show 'Happy', would you choose bright colours or dark colours? (2 marks)

4. Which shape reminds you of a bouncy ball? (Circle the shape or write the name). (2 marks)

5. Can you name one colour that makes you feel very happy? (2 marks)

Draw: Imagine you are listening to your favourite piece of music. On a blank piece of paper, use your pens or paints to draw swirls, dots, and lines that dance along to the music. Don't worry about drawing a picture of a house or a tree—just draw how the music makes you feel!

Extension challenge: Find three items in your classroom or home that have a pattern on them (like a striped cushion or a spotty mug). Bring them to Zara and describe the shapes you see!