

# Max's Marvelous Movement Quiz

*Learning objective: To demonstrate knowledge of dance terminology, choreography, and performance skills as part of the Year 5 PE curriculum.*

Max the monkey is getting ready for a dance performance! Help him solve these movement puzzles by answering the questions below. Good luck!

Answer Key: 1.C, 2.True, 3.Unison, 4.B, 5.False, 6.Dynamics, 7.Tempo, 8.A, 9.True, 10.Canon. Well done on finishing the quiz!

*Word bank: Unison · Canon · Dynamics · Choreography · Level · Tempo · Staccato · Transition*

**1. 1. What do we call the sequence of steps and movements created for a dance? A) Acting B) Sketching C) Choreography\* D) Planning (1 mark)**

**2. 2. True or False: 'Unison' means performing the same movement at the exact same time as your partner. (1 mark)**

**3. 3. If a whole group of dancers moves together at the same time, what is this called? (1 mark)**

**4. 4. Which of these describes the speed of the music or the movement? A) Space B) Tempo\* C) Level D) Shape (1 mark)**

**5. 5. True or False: You can only dance at a 'high' level, you cannot dance near the floor. (1 mark)**

**6. 6. What term describes the 'force' or energy used in a movement, such as sharp, smooth, or heavy? (1 mark)**

**7. 7. If you are asked to move faster or slower, you are changing the \_\_\_\_\_ of your dance. (1 mark)**

**8. 8. Which of these is a way to move across the floor? A) Travelling\* B) Stillness C) Balancing D) Miming (1 mark)**

**9. 9. True or False: A 'transition' is the movement used to get from one dance phrase to the next. (1 mark)**

**10. 10. What is the name for a performance where dancers perform the same movement one after another, like a ripple effect? (1 mark)**

**Draw: Draw Max the monkey performing a dance move at a 'low level' near the floor, showing a clear 'shape' with his arms and legs.**



*Extension challenge: Imagine you are choreographing a dance about a storm. Write down three words to describe the 'dynamics' (the energy) of your movements, and explain why you chose them.*