

Outdoor Adventures Vocabulary Mat

Learning objective: To develop a rich vocabulary for describing physical activity and navigation in outdoor environments.

Key Vocabulary

Use this mat to help you describe your experiences during outdoor PE lessons. The terms are grouped by category to help you choose the best words for your writing or verbal feedback.

If you are struggl...	Explain why 'Co...	How does 'Topog...
If Kit the fox is pl...	Why is 'Assessm...	