First Aid Fun: The Safety Squad Quiz

Learning objective: To understand the basic principles of first aid, how to recognise an emergency, and how to get help safely.

Join Max the monkey and Kit the fox as they test your knowledge on staying safe and helping others. Answer all 10 questions to earn your 'Safety Squad' badge!

Answer Key: 1.C, 2.True, 3.999, 4.True, 5.B, 6.False, 7.Pressure, 8.A, 9.False, 10.Adult. Remember: Always stay calm, check the surroundings are safe, and call for help if you are unsure.

Word bank: Emergency · Ambulance · DR ABC · Pressure · First Aid · Calm · Adult · Recovery Position · 111 · 999

1. 1. If you see someone hurt, what is the very first thing you must check? A) If you have your phone, B) If the person is wearing a hat, C) If the area is safe for you to approach*, D) What the weather is like. (1 mark)

2. 2. True or False: You should always stay calm when helping someone who is injured. (1 mark)

3. 3. What is the emergency telephone number you must dial in the UK to reach the emergency services? (1 mark)

4. 4. True or False: If someone is bleeding heavily, you should apply firm pressure to the wound with a clean cloth. (1 mark)

5. 5. What does the 'A' in the DR ABC code stand for? A) Action, B) Airway*, C) Ambulance, D) Always. (1 mark)

6. 6. True or False: It is okay to try to move someone who has fallen and is complaining of a neck injury. (1 mark)

7. 7. If someone has a minor scrape or graze, what is the first step after washing your hands? (1 word) (1 mark)

8. 8. Who should you tell immediately if you witness an accident? A) A trusted adult*, B) Your best friend, C) A stranger, D) No one. (1 mark)

9. 9. True or False: You should always try to give a person medicine, even if you aren't sure what it is. (1 mark)

10. 10. If you are unsure what to do in an emergency, what is the most important thing to find? (1 word) (1 mark)

Draw: Draw a picture of Kit the fox and Max the monkey holding a brightly coloured first aid kit. Include symbols on the kit that show it is ready for an emergency.

Extension challenge: Imagine you are explaining the 'DR ABC' code to a younger student. Write a short, friendly paragraph explaining what each letter stands for and why it is important to follow those steps in order.