Growing Up with Max and Nova

Learning objective: To identify how our bodies and responsibilities change as we grow from childhood to adulthood.

Hello! Max the monkey and Nova the owl are here to help. Read each question carefully. Use the word bank if you get stuck. Write your answers in the boxes.

Answer Key: 1.C, 2.True, 3.False, 4.True, 5.Skills, 6.False, 7.True, 8.Growth, 9.True, 10.Responsibility.

Word bank: Independence · Responsibility · Change · Adult · Skills · Growth · Healthy

1. 1. What do we call the process of getting bigger and older? A) Shrinking B) Staying the same C) Growth* D) Sleeping (1 mark)

2. 2. True or False: As you get older, you can often do more things by yourself. (True/False) (1 mark)

3. 3. True or False: A baby can cook a full dinner for the family. (True/False) (1 mark)

4. 4. True or False: Eating healthy food helps your body stay strong as you grow. (True/False) (1 mark)

5. 5. Learning to read and write are examples of new _____ you gain as you grow up. (1 mark)

6. 6. True or False: You stop learning new things the moment you become an adult. (True/False) (1 mark)

7. 7. True or False: Taking care of your own toys is a way of showing you are growing up. (True/False) (1 mark)

8. 8. Being able to look after yourself is called _____. (1 mark)

9. 9. True or False: Everyone grows and develops at their own speed. (True/False) (1 mark)

10. 10. Doing your homework without being asked is an example of taking _____. (1 mark)

Draw: Draw a picture of yourself doing something you couldn't do when you were a tiny baby.

Extension challenge: Write one sentence about a new skill you want to learn this year. Start with: 'When I am older, I want to learn how to...'