Leo’s Kindness Advent Calendar

Learning objective: To understand the importance of kindness and identify ways to show care and consideration for others during the festive season.

Read the questions with your grown-up and talk about how you can share kindness every day. Use the word bank to help you complete your answers.

Leo the Lion is making a Kindness Advent Calendar. Instead of treats, he wants to fill every day with a kind action to make his friends feel happy and special.

Word bank: Help · Share · Smile · Kindness · Friend · Giving · Care

1. Leo wants to be kind to his friends. Can you name one way you can show kindness to a friend at school today? (2 marks)

2. If you see a friend feeling sad, what is one thing you could say or do to help them feel better? (2 marks)

3. Sharing is a big part of kindness. Why is it important to share your toys or your time with others? (2 marks)

4. If you were making a Kindness Advent Calendar, what would you write on the note for Day 1? (2 marks)

5. Does being kind make you feel happy or grumpy? Why do you think that is? (2 marks)

Draw: Draw a picture of yourself doing something kind for someone else, like giving a hug, helping to tidy up, or sharing a toy.

Extension challenge: Talk to your family about a 'Kindness Jar' for your home. Every time you see someone being kind, write it on a piece of paper and put it in the jar to celebrate all the lovely things you do together!