Kindness Advent Flashcards

Learning objective: To understand how small acts of kindness contribute to a positive community.

Read the front of the card. Think about how you can be kind today. Turn the card over to see the answer. Use the word bank to help you write your own kind ideas.

What is an act of kindness? Doing something thoughtful to make someone else feel happy.	**How can you help a friend at school?** You can help them pack their bag or play a game together.
What should you do if someone is sad? You can listen to them and give them a kind smile.	**Why is saying 'thank you' important?** It shows you appreciate what someone has done for you.
What is a simple way to be kind at home? You can help clear the table after dinner.	**How does sharing help others?** It shows you care about your friends and want them to have fun too.
What is a 'Kindness Advent'? A plan to do one kind thing every day leading up to a special time.	**Can a smile be an act of kindness?** Yes! A smile can make someone feel welcome and happy.
Why should we include others in games? So that everyone feels like they belong and no one feels lonely.	**What does it mean to be a good friend?** It means being honest, kind, and helpful to others.
How can you show kindness to a teacher? By listening carefully and saying 'thank you' at the end of the lesson.	**Does kindness cost any money?** No, true kindness is free and comes from your heart.