Kindness Advent Word Mat

Learning objective: To understand and use vocabulary related to kindness, empathy, and positive actions during the advent season.

Key Vocabulary

Use this mat to help you think of kind things to do each day. Read the words in the groups below to help you write your own kindness goals.

Choose one word…	What does the wo…	Why is 'Listening'…
Think of a 'Thoug…		