Staying Safe: My Personal Safety Word Mat

Learning objective: To understand key terms related to personal safety and healthy relationships.

Key Vocabulary

Use this word mat to help you understand how to stay safe and who to talk to if you feel worried. Look at the categories to find the right words.

Who is a 'Trusted… A trusted adult in my lif…	**What is the differ…**	**If you feel 'uncom…**
Why is it importa…		