# Bounce Back with Leo the Lion!

Be brave, be bold, and remember to keep trying!

- **Resilience is like a rubber ball. When you hit a problem, you have the strength to bounce back up.**
- **It is okay to find things hard. Every time you try again, your brain grows stronger.**
- **If you are stuck, you can ask for help. Asking for help is a sign of a clever learner.**
- **Small steps lead to big goals. You do not have to do everything perfectly on your first go.**
- **Leo the Lion says: 'I believe in you! Keep going even when the task feels tough.'**

> *Did you know? Did you know? Even the strongest lions in the wild have to practise their pouncing many times before they get it right. Making a mistake is just your brain learning how to do it better next time!*

**Key vocabulary: Resilience · Challenge · Mistake · Persist · Growth · Courage**