

Keeping Going with Max the Monkey

Learning objective: To understand what resilience is and how to bounce back when things get tricky.

Max the Monkey loves to solve puzzles. Sometimes he gets stuck, but he never gives up! Read the questions below. Circle the best answer or write your answer on the line.

Answer Key: 1. B, 2. True, 3. False, 4. B, 5. True, 6. True, 7. Help, 8. True, 9. B, 10. True. Resilience is the ability to bounce back when things do not go as planned. It is okay to feel sad, but we can always choose to keep going.

Word bank: Resilience · Mistake · Try again · Feelings · Help

1. 1. Max tries a hard puzzle and it goes wrong. What should he do? A) Give up, B) Try again, C) Throw the puzzle, D) Go to sleep. (1 mark)

2. 2. True or False: Everyone makes mistakes sometimes. (1 mark)

3. 3. True or False: If you fail once, you must stop trying forever. (1 mark)

4. 4. What is it called when you keep going even when a task is hard? A) Being fast, B) Resilience, C) Being loud, D) Ignoring it. (1 mark)

5. 5. True or False: It is okay to ask a friend for help if you are stuck. (1 mark)

6. 6. True or False: Getting frustrated is a normal feeling. (1 mark)

7. 7. If you cannot finish your work, you should ask for _____. (1 mark)

8. 8. True or False: Learning new things often takes practice. (1 mark)

9. 9. How does Max feel when he finally finishes a hard puzzle? A) Bored, B) Proud, C) Angry, D) Tired. (1 mark)

10. 10. True or False: Making a mistake is a way to learn. (1 mark)

Draw: Draw a picture of yourself or Max the Monkey doing something that you find tricky, but you are smiling because you are keeping on trying.



Extension challenge: Think of one thing you found hard at the start of Year 4. Write one sentence about how you kept going to get better at it.