

A Journey into Buddhism with Ellie the Elephant

Learning objective: To identify key beliefs and practices of Buddhism, including the life of Siddhartha Gautama and the concept of kindness.

Hello! I am Ellie. I love learning about world religions. Read the questions carefully. Use the word bank if you get stuck. You can do this!

Answer Key: 1. A (Buddha), 2. True, 3. False (He lived a long time ago in India/Nepal), 4. B (Meditation), 5. Lotus, 6. Kindness, 7. Temple, 8. True, 9. Siddhartha, 10. Peace.

Word bank: Siddhartha · Lotus · Meditation · Kindness · Temple · Buddha · Peace · Eightfold

1. 1. What title is given to the person who reached enlightenment? A) Buddha* B) Teacher
C) King D) Friend (1 mark)

2. 2. True or False: Buddhists believe that being kind to others is very important. (1 mark)

3. 3. True or False: Siddhartha Gautama was born last year. (1 mark)

4. 4. What do Buddhists do to help them feel calm and think clearly? A) Run B) Meditation*
C) Shout D) Sleep (1 mark)

5. 5. Which flower is a special symbol in Buddhism? _____ (1 mark)

6. 6. What is a core value in Buddhism that means caring for all living things? _____
(1 mark)

7. 7. Where do many Buddhists go to pray and learn? _____ (1 mark)

8. 8. True or False: The Buddha taught that we should try to stop causing harm to others. (1 mark)

9. 9. What was the Buddha's name before he became the Buddha? _____ (1 mark)

10. 10. Buddhists try to live in a way that brings _____ to the world. (1 mark)

Draw: Draw a beautiful lotus flower. Think about the colours you want to use to make it look calm and peaceful.



Extension challenge: Write one sentence about a time you showed kindness to someone today, just like Buddhists try to do every day.