

Learning about Buddhism with Ellie the Elephant

Learning objective: To describe the main beliefs and practices of Buddhism in simple terms.

Read the opening sentence. Use the questions to help you write about what Buddhists believe. Use the word bank to help you write your sentences.

Buddhism is a religion that teaches people how to live a happy and peaceful life.

Word bank: Buddha · peace · kindness · temple · meditation · because · also · firstly

1. Who was the Buddha and why is he important? Start your sentence with: The Buddha was... (2 marks)

2. What do Buddhists do to help them feel calm? Start your sentence with: Buddhists practise meditation because... (2 marks)

3. Where do Buddhists go to pray or learn? Start your sentence with: Buddhists go to a temple to... (2 marks)

4. Why is being kind important in Buddhism? Start your sentence with: Kindness is important because... (2 marks)

Extension challenge: Can you draw a picture of a calm place where someone might meditate?