Nova’s Amazing Body Guide

Learning objective: To identify and name basic parts of the human body and understand the five senses.

Read the text carefully with an adult or teacher, then answer the questions below.

Hello! I am Nova the owl. I love looking at the world from my tree, but humans are very interesting too. Did you know that the human body is amazing? Humans have five special senses: sight, smell, taste, touch, and hearing. These help people learn about the world around them. Your eyes are for seeing the bright sun, and your ears are for listening to the wind in the trees. Inside your body, you have a strong skeleton made of bones that helps you stand up tall and move around. Your skin covers your whole body and helps you feel if something is hot or cold. Humans also have a brain inside their head, which acts like a clever computer to help them think and solve problems. Every part of your body has a special job to do, from your wiggly toes to your busy nose. It is important to look after your body by eating healthy food, getting plenty of sleep, and playing outside. What is your favourite thing that your body can do?

Word bank: senses · organs · skeleton · human · skin · movement

1. Name two of the five senses mentioned in the text. (2 marks)

2. What part of the body helps humans stand up tall and move? (1 mark)

3. Why do you think the author compares the human brain to a 'clever computer'? (2 marks)

4. What might happen if a person did not have any skin? (2 marks)

5. Which part of the body do you think is the most important, and why? (2 marks)

Draw: Draw a picture of a human figure and label the eyes, ears, nose, hands, and feet.

Extension challenge: Pick one of your five senses. Can you write down three things you can hear or see in your classroom right now?