Zara’s Abstract Art Adventure

Learning objective: To explore abstract art by using lines, shapes, and colours to express feelings or ideas, rather than painting realistic objects.

Look at the patterns around you and think about how different colours make you feel. Use your imagination to create art that is all about shapes and lines, just like Zara the Zebra does!

Abstract art does not have to look like a real thing, like a house or a cat. It is a way to show how you feel using colours and shapes. You can use big circles, wiggly lines, or bright splashes of paint to tell your own story on the page.

Word bank: abstract · shape · colour · line · pattern · bright · feeling · swirl

1. If you wanted to show that you are feeling very happy, which bright colours would you choose to use in your art? (2 marks)

2. Abstract art often uses patterns. Can you draw a wiggly line and a straight line in the space below? (2 marks)

3. Does an abstract painting have to look exactly like a real-life object, like a tree or a ball? Circle Yes or No. (1 mark)

4. Zara uses shapes like circles and triangles. Can you name one other shape you might use in your picture? (1 mark)

5. Why do you think an artist might choose to use lots of different colours in one painting? (2 marks)

Draw: Use your favourite crayons or paints to create an abstract masterpiece. Fill your page with swirling lines, big shapes, and your favourite colours. Remember, it does not need to look like anything real—just let your imagination flow!

Extension challenge: Find three different patterns in your classroom or at home (like stripes on a rug or spots on a cushion). Try to copy those patterns onto a piece of paper using your own choice of colours.