

# Florence Nightingale: The Lady with the Lamp

Step into history with Ellie the Elephant to discover a hero of nursing!

- Florence Nightingale was born in 1820 and grew up to become a very famous nurse.
- She travelled to a large hospital in Scutari during the Crimean War to help sick and injured soldiers.
- Before Florence arrived, the hospitals were often dirty and many people were very poorly.
- She worked hard to make sure the wards were clean, tidy, and had plenty of fresh air.
- Florence believed that good food and cleanliness were the best ways to help people get better.
- She changed nursing forever and taught others how to care for patients with kindness.

*Did you know? Did you know? Florence Nightingale earned the nickname 'The Lady with the Lamp' because she walked through the hospital wards at night carrying a lamp to check on her patients while they slept.*

**Key vocabulary:** Nurse · Hospital · Lamp · Hygiene · Care · Social Studies / History