

Creative Movement and Dance with Zara the Zebra

Learning objective: To develop control and coordination by exploring motifs, rhythm, and spatial awareness in dance.

Read each question carefully and think about how you use your body to express ideas through movement. Use the word bank to help you describe your dance patterns.

Word bank: motif · spatial awareness · rhythm · unison · levels · sequence · composition · fluidity

1. Zara the Zebra wants to create a dance motif based on the movement of long grass swaying in the wind. Describe two physical movements you would include to show this, focusing on the quality of movement. (2 marks)

2. Explain why it is important to be aware of 'levels' (high, medium, and low) when you are choreographing a dance routine with a partner. (2 marks)

3. If Max the Monkey is dancing to a fast, upbeat rhythm, how would his tempo and energy differ from a slow, gentle dance? Give an example of a movement for each. (2 marks)

4. Define what is meant by 'dancing in unison'. Why is this a challenging skill to master when working in a large group? (2 marks)

5. You are planning a performance that costs £15.00 for costumes and £10.50 for music licensing. If you have a budget of £30.00, how much money is left over to buy props for your dance? (2 marks)

Draw: Draw a sequence of three stick figures showing a transition between a 'low' level movement and a 'high' level movement. Label your drawing with the direction of the movement.



Extension challenge: Choose a piece of instrumental music. Create a 30-second sequence that incorporates one jump, one balance, and one turn. Write down your sequence of moves as a list for a friend to follow.