

Finn's Swimming Strokes and Safety Guide

Learning objective: To understand and identify key swimming techniques, safety equipment, and the importance of water safety rules.

Follow the drawing prompt to create your aquatic scene. Use the word bank to label the correct parts of your drawing. Ensure you include safety features in your design.

Draw: Draw a large swimming pool scene from a bird's-eye view. Include Finn the dolphin swimming in one lane using the front crawl, and a child practising the breaststroke in another. Ensure there is a clearly marked 'deep end' and a 'shallow end'. Draw a lifeguard station with a red safety flag nearby. Use colourful pencils to show the movement of water ripples and the bright colours of the swimming gear.



Label words: Front crawl · Breaststroke · Buoyancy aid · Lifeguard station · Goggles · Safety flag · Deep end

Steps:

1. Label your drawing to show where the lifeguard would sit to keep swimmers safe.
2. Identify one piece of equipment in your drawing that helps a swimmer see clearly underwater.
3. List two reasons why it is important to follow the safety rules displayed at a swimming pool.
4. Draw an arrow to the part of your pool illustration that represents the 'deep end'.
5. Describe one difference between the front crawl and the breaststroke.