

Class 5 Physical Education: Team Games Assessment

Learning objective: To demonstrate understanding of tactical play, sportsmanship, and physical coordination in team sports.

Read each question carefully. Answer in full sentences where required. Ensure your handwriting is clear. Good luck!

Max the monkey and Leo the lion are coaching their school team. They believe that a successful team does not just rely on one fast runner, but on how well everyone works together to move the ball or equipment towards the goal. They often discuss the importance of listening to teammates and staying positive even when the score is against them.

Word bank: Communication · Tactics · Sportsmanship · Formation · Cooperation · Strategy · Resilience

1. Identify two ways that communication helps a team perform better during a match. (2 marks)

2. What is meant by the term 'sportsmanship'? Give one example of how you can show this on the pitch. (2 marks)

3. Max suggests using a specific 'formation' for a game. Why is having a set position important for a team's defence? (3 marks)

4. Explain why it is important to encourage a teammate even if they make a mistake during a game. (3 marks)

5. If your team is losing a game, what tactical changes could you suggest to your teammates to help improve your chances of scoring? (4 marks)

6. Imagine you are the team captain. Write a short speech (about 100 words) to your team before a final match. Include how you will work together, how you will handle challenges, and the importance of playing fairly. (6 marks)

7. Why is it important to cool down after a high-intensity team game? (5 marks)

Draw: Draw a diagram of a simple team formation (like a 2-2-1) showing where your teammates would stand to defend a goal.



Extension challenge: Total: /25. Think of a brand new team game. What is one rule you would create to ensure every player gets to touch the ball during the game?