All About Me and My Friends: A Diversity Fact-File

Learning objective: To understand that everyone is unique, celebrate our differences, and recognise that we all belong in our community.

Help the children fill in this fact-file about themselves and a friend. Encourage them to notice how we can be different in our likes, our traditions, or our talents, but still be part of the same group. You can read the questions aloud and help them record their answers.

Word bank: Unique · Special · Friend · Different · Kind · Community · Celebrate

1. My Special Talent: What is something you are really good at doing?

2. My Favourite Thing: What is a food, game, or song that you love?

3. My Friend's Special Talent: Ask a friend what they are good at. How is it different to yours?

4. What makes us a team? Write one way you and your friends help each other.

5. Being Kind: How can you show kindness to someone who is different from you?

Extension challenge: Ask the children to draw a self-portrait on one side of a piece of paper and a portrait of their friend on the other, focusing on the details that make them both look unique.