First Aid Heroes with Leo the Lion

Learning objective: To understand basic first aid principles, know how to assess an emergency, and learn how to call for help safely.

Leo the Lion is heading out on an adventure, but he knows accidents can happen! Look at the 'Emergency Action Plan' scenarios below. Decide the correct order of steps for each situation by numbering them 1 to 4. For each scenario, write a short explanation of why that step is important.

Word bank: Danger · Response · Help · Airway · Breathing · Emergency Services · Calm · Adult

1. Scenario 1: You find someone who has fallen and is lying on the ground. Put these steps in order: (A) Check if they are conscious/responsive, (B) Check for danger to yourself, (C) Call 999 or ask an adult to call, (D) Check their airway is clear. (4 marks)

2. Why is it important to check for 'Danger' before you approach an injured person? (2 marks)

3. If you call 999, what three pieces of information must you give the operator? (3 marks)

4. True or False: You should move an injured person immediately, even if they are not in danger. Explain your reasoning. (2 marks)

5. Leo needs a basic first aid kit for his backpack. List three items that would be useful to treat a minor cut or scrape. (3 marks)

Draw: Draw a poster showing the 'DRABC' steps (Danger, Response, Airway, Breathing, Circulation) using simple icons that would help a friend remember what to do in an emergency.

Extension challenge: Research what information you should have ready if you need to call the emergency services from your home. Write down your full address and the nearest landmark to your house so you are prepared.