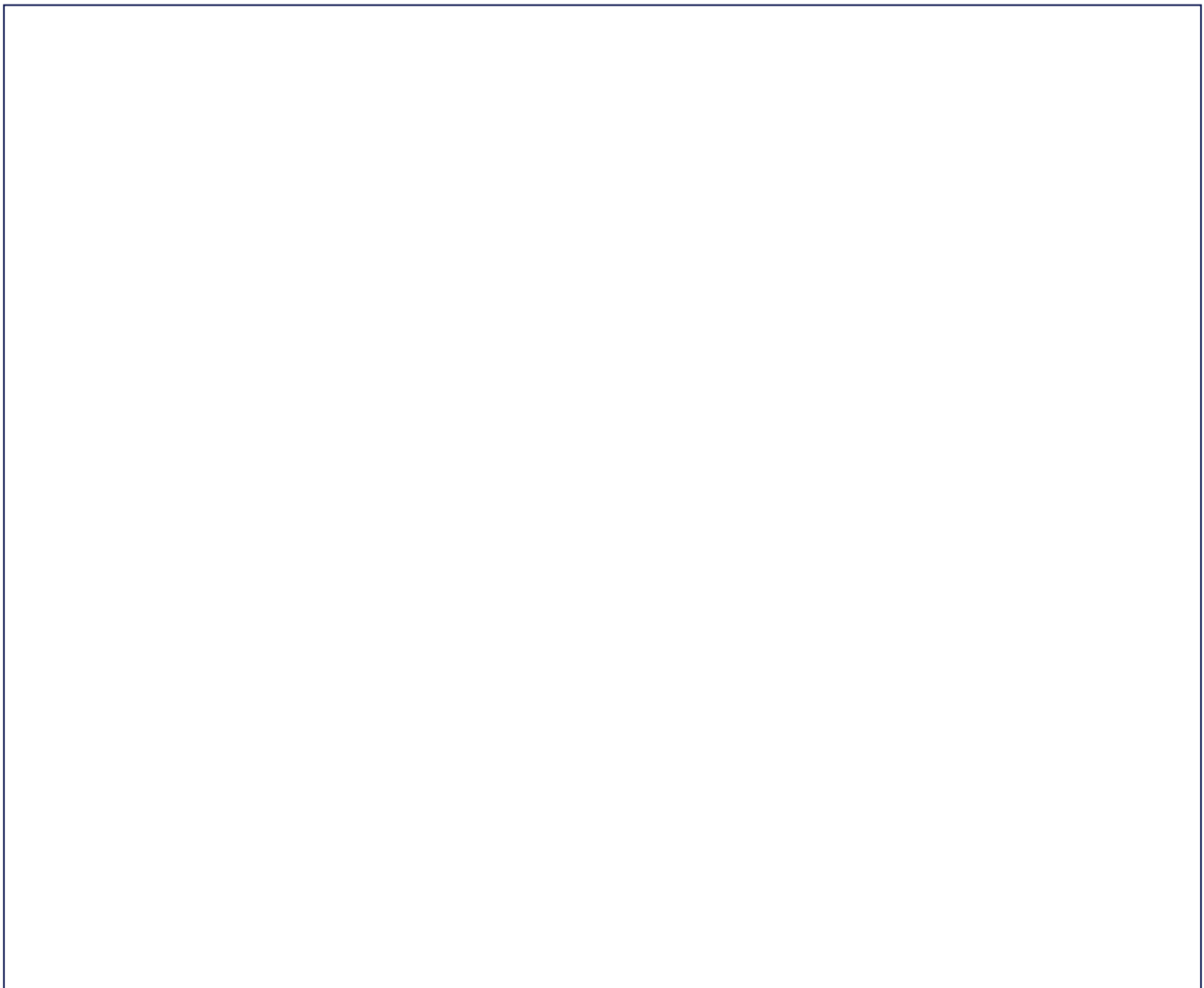


Kindness Advent: My Helping Hands

Learning objective: To identify ways to show kindness to others during the festive season.

Think about small, kind things you can do for your friends or family. Use the space below to draw a picture of a kind act. Follow the steps to help you finish your drawing.

Draw: Draw a large, colourful scene in the centre of the page showing an act of kindness. Use bright colours. Include yourself and a friend or family member. You could draw someone holding a heavy bag, sharing a toy, or making a card. Leave space around your drawing to add labels from the word bank.



Label words: helping · sharing · smiling · kindness · giving · friendship

Steps:

1. Step 1: Draw yourself helping someone. What are you doing? (e.g., tidying, giving a gift, or sharing).
2. Step 2: Add two speech bubbles. Write a kind thing you could say to the person in your drawing.
3. Step 3: Label your drawing using at least two words from the word bank.
4. Step 4: Draw a small star in the corner and write one person's name you want to be kind to this week.