The Kindness Advent: Sharing Joy Every Day

Be a Kindness Champion: One Kind Act a Day!

- **Kindness means using gentle words and listening when a friend is speaking.**
- **Sharing your toys or books helps everyone feel included in our play.**
- **Helping a friend tidy up is a wonderful way to show you care about our classroom.**
- **Giving a smile or a wave can make someone feel happy and welcome.**
- **Asking 'Are you okay?' is a brave and kind way to support a friend who feels sad.**

Did you know? Did you know? When you do something kind for someone else, your own brain releases happy feelings too! Just like Bea the honeybee works with her hive to make everything better, our classroom is a hive where kindness helps us all thrive.

Key vocabulary: Kindness · Sharing · Helpful · Caring · Friendship · Together