

# Kindness Matters: A PSHE Assessment

*Learning objective: To understand the importance of kindness, identify ways to support others, and explain how our actions affect our school community.*

Read each question carefully. Write your answers on the lines provided. Use the word bank if you need help with your spelling.

Pip the caterpillar is feeling a bit sad because he dropped his favourite book in a puddle. Max the monkey sees this and wants to help. Max decides to pick up the book, dry it off, and offer to read a new story with Pip to cheer him up. Because of Max's actions, Pip feels much better and knows he has a good friend.

*Word bank: kindness · respect · friendship · support · empathy · helpful · listening · caring*

**1. 1. Why was Pip feeling sad at the start of the story? (1 mark) (1 mark)**

**2. 2. List two kind things that Max did to help Pip. (2 marks) (2 marks)**

**3. 3. What does the word 'empathy' mean? Use the word bank to help you. (2 marks) (2 marks)**

**4. 4. Imagine you see a classmate sitting alone at lunchtime. Write two sentences about what you could do to show kindness. (4 marks) (4 marks)**

**5. 5. Why is it important to show kindness even when no one is watching? (4 marks) (4 marks)**

**6. 6. Extended Writing Task: Write a short story or a letter (50-75 words) about a time you were kind to someone, or someone was kind to you. Explain how it made both people feel. (7 marks) (7 marks)**

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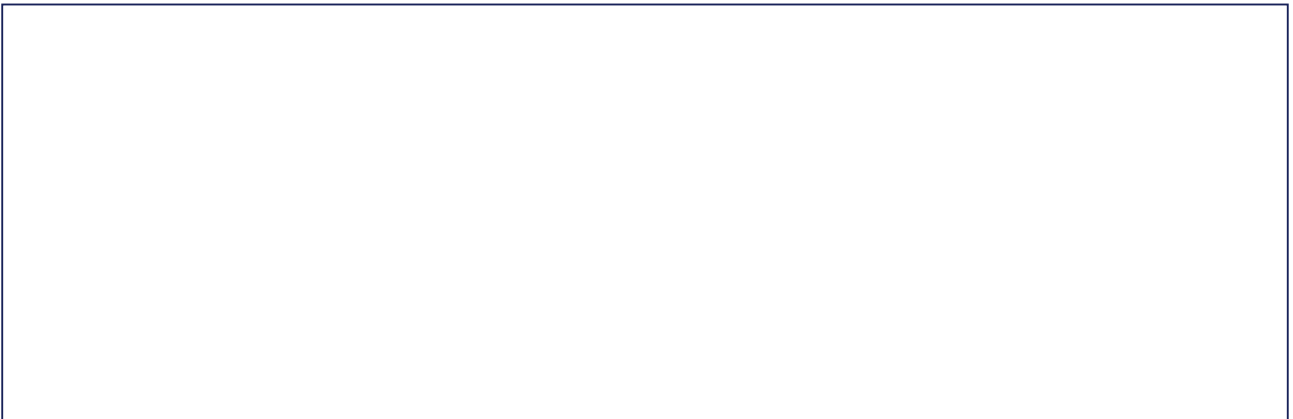
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**Draw: Draw a picture of Max the monkey and Pip the caterpillar sharing a happy moment together.**



*Extension challenge: Think of one 'Random Act of Kindness' you can do at home this weekend. Write it down: \_\_\_\_\_. Total: /25*