Kindness at the Forest Picnic

Learning objective: To understand how kind actions can help our friends and make our community a happy place.

Leo the Lion is hosting a picnic! Look at the scenarios below. Decide if each action is 'Kind' or 'Not Kind' by drawing a line from the action to the correct emotion face (a smiling face for Kind, or a neutral face for Not Kind). Then, talk with a grown-up about why your choice makes Leo's friends feel happy or sad.

Word bank: Kind · Share · Help · Listen · Smile · Gentle

1. Max has two apples and gives one to Pip who has none. Is this kind? (2 marks)

2. Zara is painting a picture, and Kit takes her brush without asking. Is this kind? (2 marks)

3. Nova falls over, and Ellie helps her stand up. How does this make Nova feel? (2 marks)

4. Bea is talking, and Finn decides to listen quietly. Is this a kind thing to do? (2 marks)

5. If a friend is feeling sad, what is one kind thing you could do to cheer them up? (2 marks)

Draw: Draw a picture of yourself doing something kind for one of your friends, like sharing a toy or giving them a high-five.

Extension challenge: Next time you are in the playground, try to spot three 'Kind Acts' done by your classmates. Tell your teacher about one of them at the end of the day!