

Keeping Safe with Max and Kit

Be Smart, Stay Safe, and Always Ask!

- A trusted adult is someone you know well, like a parent, carer, or teacher, who you can talk to about anything that worries you.
- Always ask for permission from a trusted adult before you go somewhere new or talk to someone you do not know.
- Keep your personal information, like your home address or your school name, private when you are online.
- If you ever feel scared or unsafe, find a safe adult or go to a public place like a shop or school where people can help you.
- If there is an emergency, you can call 999 to get help from the police, the fire service, or an ambulance crew.

Did you know? Did you know? Your body belongs only to you! You have the right to say 'no' if someone makes you feel uncomfortable, and it is always okay to tell a trusted adult about it.

Key vocabulary: Trusted adult · Emergency · Private · Permission · Safety · Boundaries