

Class 4 PSHE Assessment: Healthy Relationships

Learning objective: To understand the importance of positive relationships, kindness, and how to resolve disagreements peacefully.

Read each question carefully. Use the word bank if you need help. Write your answers in the boxes provided. You can do this!

Pip the caterpillar and Max the monkey are best friends. They usually play together happily. Today, they disagreed about which game to play. Max wanted to run, but Pip wanted to sit and read. They both felt a little sad because they could not agree.

Word bank: Respect · Kindness · Apology · Listening · Cooperation · Honesty · Trust

1. 1. Pip and Max are feeling sad. Name one way they can show kindness to each other while they are upset. (2 marks)

2. 2. Why is 'listening' important when you have a disagreement with a friend? Use the word bank to help you. (3 marks)

3. 3. If Max accidentally hurts Pip's feelings, what is the best thing Max can do to fix the friendship? (4 marks)

4. 4. List two things that make a friendship 'healthy' and happy. (4 marks)

5. 5. Imagine you are helping Pip and Max solve their problem. Write a short plan of how they can share their time so they both get to play their favourite game. (Use the sentence starter: First, they could...) (5 marks)

Draw: Draw a picture of Pip and Max playing together nicely. Show them sharing or taking turns.



Extension challenge: Total: /25. Challenge: Write one sentence about why it is okay to have different interests than your friends.