

Class 4 RE Assessment: Exploring Buddhism

Learning objective: To understand the core beliefs, symbols, and practices of Buddhism.

Read each question carefully. Use the word bank if you need help with spelling. Write your answers clearly on the lines provided.

Buddhists follow the teachings of Siddhartha Gautama. He became known as the 'Buddha' or the 'Awakened One'. Buddhists believe in living a life of kindness, peace, and mindfulness. Many Buddhists use meditation to help them feel calm and focused. They often keep a special space in their homes called a shrine, where they can sit quietly to think and pray.

Word bank: Siddhartha · Enlightenment · Lotus · Shrine · Meditation · Peace · Buddha

1. Who was the first person to be called the 'Buddha'? (2 marks)

2. Why do many Buddhists practise meditation? Use a sentence starter: Buddhists practise meditation to... (3 marks)

3. Name one item you might find at a Buddhist home shrine. (2 marks)

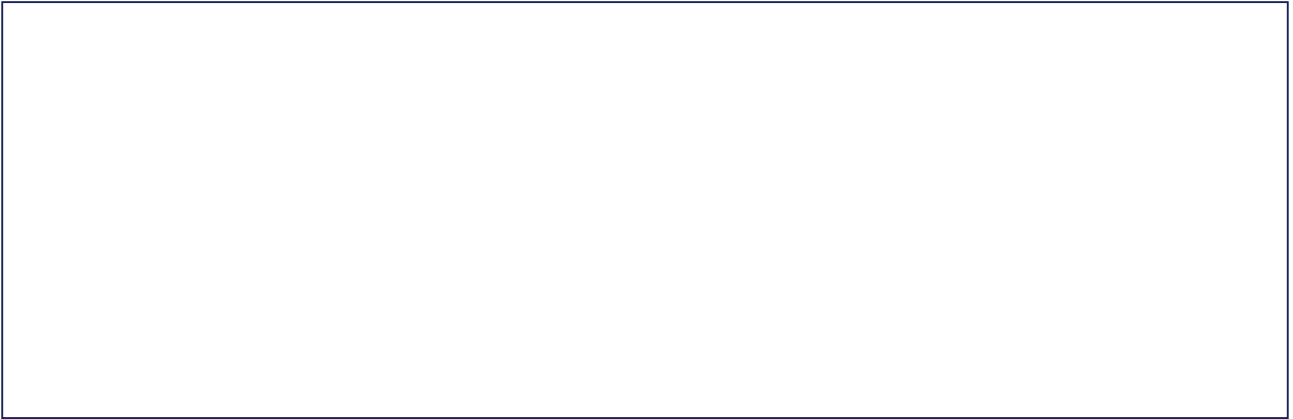
4. Look at the list below. Circle the two things that are important to Buddhists: (2 marks)

5. Pip the caterpillar wants to know how to be kind to others. Write three things a Buddhist might do to show kindness. (6 marks)

6. Imagine you are visiting a Buddhist temple. Describe how you would act to show respect and why silence is important there. (5 marks)

7. The Lotus flower is a special symbol in Buddhism. What do you think it represents? (5 marks)

Draw: Draw a picture of a Lotus flower in a pond. Colour it carefully to show why it is a beautiful symbol of peace.



Extension challenge: Total: /25